



INDOOR PICKLEBALL

**Come Play on our
NEW Gym Floors!**



Join us for our Indoor Pickleball Drop-In Program

5 Courts for all skill levels to play

We have all the equipment you need to play—Just bring yourself!

Tuesdays: 9am—12pm

Thursdays: 9am—12pm

**Located at the La Sierra Community Center Johnson “Big” Gym
5325 Engle Road (916) 483-7826 www.carmichaelpark.com**

1-Day Drop-In Pass = \$5.00 per person

10-Day Punch Card = \$30.00 per person

Day Passes and Punch Cards can be purchased at our La Sierra Community Center Recreation Office located at 5325 Engle Rd, Suite 100. We're open Monday—Friday from 8:30am—5pm (closed for lunch at approximately 1pm—2pm).



WHAT IS PICKLEBALL?

A fun sport that combines many elements of tennis, badminton and ping-pong. It's played on a court smaller than a tennis court (20ft x 44ft). Players use wooden or composite paddles and hit a ball about the size and shape of a whiffle baseball. Pickleball can be played indoor or outdoor and is normally played with 4 people per court. It's fun for all age groups and easy to learn. Visit www.usapa.org for more details on rules and play.

