

## **3-ON-3 ADULT BASKETBALL** **RULES AND CODE OF CONDUCT**

### **1. ROSTERS AND PLAYERS:**

- a) Teams must have a minimum of three and a maximum of seven players.
- b) Players must fill out and sign the roster prior to the start of the first game. The gym supervisor will supply you rosters for your team to sign.
- c) Teams have up to their 5<sup>th</sup> game of the season to add and remove players from their roster. Any player added or removed after the 5<sup>th</sup> game of the season must have written permission from the league supervisor.
- d) Players must review the Player Code of Conduct prior to the start of the season. Players that sign the roster have acknowledged they have read the Player Code of Conduct.
- e) A game can be played with a minimum of two players on a team. In such case, the opposition may play with three players as usual.

### **2. SCORING:**

- a) Teams play 3 games of 15 baskets.
- b) A team must win by 2 baskets.
- c) If time runs out in the third game, the game is over.
- d) There are no free throws.
- e) All balls must be cleared past the foul line. No side clearances.
- f) All out of bounds balls are put into play at the top of the court.
- g) Tied or Jump balls shall be brought in alternatively by one team and then the other.
- h) No timeouts will be allowed. One (1) minute between games.

### **3. FOULS:**

- a) Fouls are called by players with honesty and integrity serving as best policy.
- b) Once a foul is committed, the opposite team takes the ball out at the top of the key.
- c) There is no limit on the number of fouls per player or team.
- d) Each team will call their own 3 seconds in the key violations.
- e) After a basket has been scored, it will be the opposing teams ball at the top of the court.
- f) No flagrant or abusive conduct will be tolerated. Any striking or kicking will result in ejection from the game and the league. Please see the Player Code of Conduct below.

### **4. TIME LIMIT:**

- a) 60 minute running clock.
- b) The clock starts at the designated time on the schedule.

**This league is designed for recreational purposes. There are no league standings or championship play.  
Please honor the game and show good sportsmanship at all times.**



## Adult Basketball **PLAYER CODE OF CONDUCT**

The Carmichael Recreation and Park District has adopted the following "Player Code of Conduct." These rules of conduct will be strictly enforced during the season. A violation committed in any activity conducted under the auspices of one of this organization will be honored by ALL members there of.

- 1) **NO PLAYER SHALL:** Refuse to abide by officials' decisions. Upon initial argument by a player, the official will give such player a verbal warning. Any continued protest will result in an automatic technical foul and the player sits the rest of the half. If a player has a concern about a call (or calls), he needs to approach the manager of their team. The manager may have a polite and short discussion with the official regarding a calling on the side (not yelling from the court). Once an official has made a final decision, no protests will be permitted. Any disrespectful behavior or further questioning of calls will result in a Technical Foul and the player sits out the rest of the half. Two points and the ball are awarded to the opposing team.

Any further protest officials are required to immediately call a second technical foul. On the second technical foul, the player is suspended from further play and such player is reported to the League Director. Such player shall remain suspended until the League Supervisor has considered his/her case.

**Minimum Penalty:** Technical foul – sit out the remainder of half.

**Maximum Penalty:** Suspension for two or more league games and placed on probation for remainder of the season.

- 2) **NO PLAYER SHALL:** At any time lay a hand upon, shove, strike, or threaten an official. Officials are required to immediately suspend player from further play and report such player to the League Director. Such player shall remain suspended until his/her case has been considered by the League Supervisor.

**Minimum Penalty:** Suspension from one or two league games and placed on probation for the remainder of the season.

**Maximum Penalty:** Suspension for life and/or assault charges filed.

- 3) **NO PLAYER SHALL:** Be guilty of using unnecessarily rough tactics in the play of the game against the body or person of an opposing player. Officials are required to immediately call a technical foul and suspend player(s) from further play and report such player to the League Director.

**Minimum Penalty:** Suspension from one league game and placed on probation for the remainder of the season.

**Maximum Penalty:** Suspension for life and/or assault charges filed

- 4) **NO PLAYER SHALL:** Be guilty of physical attack as an aggressor upon any player, official, or spectator. Officials are required to call a technical foul and immediately suspend player from further play and report such player to the League Director. Player will remain on suspension until the League Supervisor has considered his/her case.

**Minimum Penalty:** Suspension from one or two league games and placed on probation for remainder of season.

**Maximum Penalty:** Suspension for life and/or assault charges filed.

- 5) **NO PLAYER SHALL:** Be guilty of an abusive verbal attack upon any player, official, or spectator. Officials are required to call a technical foul and immediately suspend player from further play and report such player to the League Director. Should the verbal attack occur either before or after the player's game is completed, or from with the spectator area, said player will still be reported to the League Director, with possible suspension being the result of said player's actions. Player shall remain on suspension until the League Supervisor has considered his/her case.

**Minimum Penalty:** Placed on probation for remainder of season.

**Maximum Penalty:** Suspension for the remainder of the season.

- 6) **NO PLAYER SHALL:** Appear upon the court at any time in an intoxicated condition. Officials are required to immediately suspend player from further play and report such player the League Director for further consideration.

**Minimum Penalty:** Suspension for two league games and placed on probation for the remainder of the season.

**Maximum Penalty:** Suspension for remainder of season.

- 7) **NO PLAYER SHALL:** Be guilty of gambling upon any play or the outcome of games with any spectator, player, or opponent. Officials are required to report violation of this rule to the League Director.

**Minimum Penalty:** Placed on probation for the remainder of the season.

**Maximum Penalty:** Suspension for the remainder of the season.

#### **Technical Foul Summary**

- **One Technical Foul by one player in a game** – Player sits out the rest of the half. Two points and the ball are awarded to the opposing team.
- **Two Technical Fouls by one player in a game** – Player will be ejected from the game and site and will be suspended from league play for the (1) following game. If conduct warrants, player may be suspended permanently. Two points and the ball are awarded to the opposing team.
- **Three Technical Fouls by one team in a game** – The game will be forfeited and the team may be dropped from the league depending upon the severity of team conduct.
- **Four Technical Fouls by one player during a season** – Player will be suspended for the next scheduled league game.
- **Five Technical Fouls by one player during a season** – Player will be suspended for the remainder of the season and possibly the year depending on the severity.
- **Six Technical Fouls by one team during a season** – The team will be suspended for their next schedule league game.
- **Seven Technical Fouls by one team during a season** – The team will be suspended for the remainder of the season and cannot play in the following season.

#### **Special Notes:**

- Any player being placed on probation for the remainder of the season and reported again for violating the "Code of Conduct" will be suspended for the remainder of the season.
- Any player removed from the game must leave facility immediately. Failure to do so will carry a maximum penalty of suspension for the remainder of the season. Any suspended player cannot attend league games during their suspension.
- Teams are responsible for their spectators. All of the above rules apply to spectators too. Teams will be punished according to the rules above for their spectator's behavior.
- Appeals may be lodged with the League Supervisor ONLY at [alaina@carmichaelpark.com](mailto:alaina@carmichaelpark.com)

Remember this is a Recreation League. Poor player, team and spectator behavior will not be tolerated. **Please respect the integrity of the game.** Any questions, comments and concerns can be directed to the League Supervisor at [alaina@carmichaelpark.com](mailto:alaina@carmichaelpark.com).